

ABSTRACT OF THE DISCLOSURE

There is disclosed a vibration member comprising:
a driving portion; an elastic member including the
driving portion; and an electro-mechanical energy
5 conversion element as a driving source in contact with
the elastic member. The electro-mechanical energy
conversion element is provided with an alternating
signal to generate a plurality of vibrations, and the
plurality of vibrations are combined to generate a
10 driving vibration in the driving portion. An
ununiformity of rigidity of the vibration member caused
by a polarization treatment performed on the electro-
mechanical energy conversion element is offset by
partially changing the rigidity of the vibration
15 member, so that a stable driving vibration of the
vibration member can be outputted.